Your Doctor Can Help You Manage the Costs of Your Care

Studies Show:

The cost of healthcare is increasing.



70% of patients want to discuss the costs of their care with their doctors.



Only **28%** of patients report talking about the costs of their care with their doctors.



There are many ways your doctor might be able to help!

Your appointment is the right time to discuss concerns about the cost of your care.

Questions to Discuss with Your Doctor About the Costs of Care



Medical Cost Questions

- How much will this treatment cost me?
- What future costs might I face?
- Is there a less expensive option for me that will work just as well?



Other Cost Questions

- How much time do you think I or my caregiver might need to take off from work?
- How often will I need to travel to my appointments?



Wrap Up Questions

- Who can I talk to about how to plan for these costs?
- What happens next?

Resources to Manage Your Costs of Care

Here is a list of resources that other patients have found useful to help manage the costs of their care.

Your doctor or nurse can point you to the ones that are most relevant to you.

Organization	Website	Patient Support Number	Purpose
Patient Advocate Foundation	Patientadvocate.org	800.532.5274	
GoodRx	GoodRx.com	855.268.2822	
NeedyMeds	NeedyMeds.com	800.503.6897	(S)
RxOutreach	RxOutreach.org	888.796.1234	(S)
Clear Health Costs	Clearhealthcosts.com	914.552.9876	
Healthcare Bluebook	Healthcarebluebook.com		
FAIR Health Tool	Fairhealthconsumer.org	855.566.5871	
Local Pharmacies (e.g., Walmart, Walgreens, Rite Aid, Sam's Club, Publix)			



Access free case management services



Compare the price of different medicines



Find support with transportation costs



Talk to pharmacists about generic/discounted medicine at local pharmacies



Compare average costs of care for healthcare services



Find financial assistance programs



Find discount coupons



Find support with childcare costs